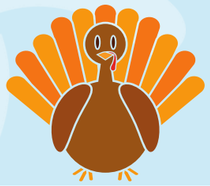
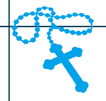


COMPLETECARE
SHREWSBURY



# NOVEMBER 2026

All activity times and locations are subject to change.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| Daylight Savings Time<br>**1**<br>10:30 Brew Bar U2,3<br>11:30 Room Visits RR<br>2:30Move & groove U3<br>3:30 All saint day facts U3 | <br>**2**<br>10:30 Coffee social U2,3<br>11:00 Sitter cise U3<br>2:30 Bingo DR<br>6:00 Movie Social U3 | <br>**3**<br>10:30 Coffee cart U2,3<br>11:00 Ball Toss U2,3<br>2:30 Bowling DR<br>4:00 Room Visits RR | <br>**4**<br>10:30 Coffee bar U2,3<br>11:00 Guess that tune U2,3<br>2:30 Mary Beth Performs Dr<br>4:00 Dance Fit U3<br>6:00 Movie Night U3 | Election Day<br><br>**5**<br>10:30 Coffee cart U2,3<br>11:00 Stretches U2,3<br>2:00 Catholic Mass DR<br>3:30 Fall Painting U3<br>4:00 Room Visits RR | <br>Jersey Day<br>Wear your best jersey<br><br>**6**<br>10:30 Coffee cart U2,3<br>11:00 SPORTS TRIVIA U2,3<br>2:30 Sports Bingo U2,3<br>4:00 Arm chair travel U3 | <br>**7**<br>10:30 Coffee cart U2,3<br>11:30 Move & Groove U2,3<br>2:00 Rosary U3<br>3:30 Music hour & coloring U3 |
| <br>**8**<br>10:30 Brew Bar U2,3<br>11:30 Room Visits RR<br>2:30 Piano with George U3<br>4:00 Learn about Diwali U3 | <br>**9**<br>10:30 Java & Jive U2,3<br>11:00 Senior shape up U2,3<br>2:30 Bingo DR<br>6:00 Movie Night U3 | <br>**10**<br>10:30 Coffee Cart U2,3<br>11:00 Charades U2,3<br>2:30 Angela Performs Fall<br>Mock tail Hour DR<br>4:00 Room Visits RR | <br>Veterans Day<br>**11**<br>10:30 Coffee & Donuts U2,3<br>11:00 Marches U2 U3<br>2:30 Mike c presents Veterans day . U3<br>4:00 Veteran Day discussions U3<br>6:00 Patriotic Movie U3 | <br>**12**<br>10;30 Brew Bar U2,3<br>11:00 Senior Fitness U2,3<br>2:30 Paint your own Vase U3<br>4:00 Room Visits RR | <br>**13**<br>World Kindess Day<br>10:30 Coffee Social U2,3<br>11:00 CC World Kindness U3<br>2:30 Candy Bingo DR<br>4:00 Arm Chair travel U3 | <br>**14**<br>10:30 Coffee cart U2,3<br>11:30 Morning Workout U2,3<br>2:00 Rosary U3<br>3;30 Music Hour & Coloring U3 |
| <br>**15**<br>10:30 Morning Coffee U2,3<br>11:30 Room Visits RR<br>2:30 Afternoon work out U3<br>4:00 Short stories U3 | <br>**16**<br>10:30 Coffee cart U2,3<br>11:00 Cranium Crunches U2,3<br>2:30 Bingo DR<br>6:00 Night time Movie U3 | Rendever Live Challenge<br>**17**<br>10:30 Coffee cart<br>10:45 Rendever Live U3<br>11:00 Fitness circle U2,3<br>2:30 CC Fun Games & Puzzles U3<br>4:00 Room visits RR | <br>Disney Day<br>**18**<br>10:30 Brew Bar U2,3<br>11:00 Mousekersize U2,3<br>2:30 Magical Event Dr<br>4:00Mickey Facts U3<br>6:00 Disney FIlm U3 | <br>Resident council<br>**19**<br>10:30 Morning Mingle U2,3<br>11:00 Dance Fit U2,3<br>2:30 CC resident council DR<br>3:30 Tree of thanks craft U3<br>4:00 Room Visits RR | <br>**20**<br>10:30 Morning Mingle U2,3<br>11:00 Resident rights trivia U3<br>2:30 Just the 2 of us Performs<br>4:00 Arm chair travel U3 | <br>**21**<br>10:30 Coffee cart U2,3<br>11:30 Work out U2,3<br>2:00 Rosary U3<br>3:30 Music hour & Color U3 |
| <br>**22**<br>10:30 Morning Coffee U2,3<br>11:30 Room Visits RR<br>2:30 Afternoon Work out U3<br>4:00 Learn About World religoions U3 | <br>**23**<br>11:00 Trilogy Performs DR<br>2:30 Bingo DR<br>4:00 Charades U3<br>6:00 Nighttime Movie U3 | <br>**24**<br>10:30 Brew Bar U2,3<br>11:00 Harvest celebrations U2,3<br>2:30 CC Pin the tail on the Turkey Dr<br>4:00 Room visits RR | <br>**25**<br>10:30 Coffee & chronicles U2,3<br>11:00 Arching arms U2,3<br>2:30 Thankful Pie social DR<br>4:00 word Puzzles U3<br>6:00 Movie Night U3 | Happy ThanksGiving<br><br>**26**<br>10:30 Macys Day parade & coffee U2,3<br>11:30 Turkey day work out U3<br>2:30 Craft Corner U3<br>4:00 Room Visits RR | <br>**27**<br>10:30 Coffee Cart U2,3<br>11:00 Impulse Shop U2,3<br>2:30 Friday Bingo DR<br>4:00 Arm chair Travel U3 | <br>**28**<br>10:30 Coffee Cart U2,3<br>11:30 Morning Movement U2,3<br>2:00 Rosary U3<br>3:30 Music Hour & color U3 |
| <br>**29**<br>10:30 Morning coffee U2,3<br>11:30 Room Visits RR<br>2:30 Move & groove U3<br>4:00 Favorite Book Discussion U3 | <br>**30**<br>10;30 Coffee Talk U2,3<br>11:00 Brain Games U2,3<br>2:30 Dan Fernand Performs<br>Birthday social DR<br>6:00 Night time Movie U3 |  | <br> | Location keys<br>Dr- Dining room<br>U2,3- unit 2 & 3<br>RR resident rooms<br>CY- Court Yard | Our Abuse officer is Jason Gibbs Located 1st floor admin office<br>Ext:5760 | Our Grievance Officer is Melissa McCuiston Located on 3rd floor social Service office Ext:5762 |